

Cheltenham College
Breakfast Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cereal Bar	Every morning there is a large selection of cereals on offer to cater for every taste, the choices include:- Cheerios, Frosted Wheat, Bran Flakes, Muesli, Coco Pops, Cornflakes, Frosties, Rice Crispies, Special K, Special K with Berries, Shreddies, Weetabix, Krave, Sugar Puffs, Crunchy Nut CornFlakes, Fruit n Fibre.						
Hot Cereal	Porridge made from Semi Skimmed Milk is available every day served with a range of dried fruit and brown sugar.						
From The Servery	Sausages Grilled Bacon Fried Eggs Baked Beans Potato Cakes	Grilled Bacon Mushrooms Spaghetti Hoops	Continental Pain au Choc Croissants Muffins Ham Sliced Cheese Salami Fresh Fruit Salad Assorted Melon Slices Grapefruit Halves	Sausages Baked Beans Poached Egg	Grilled Bacon Potato Rosti Spaghetti in Tomato Sauce	Sausages Scrambled Egg Baked Beans	Brunch 10.00 - 11.30 Sausages Grilled Bacon Tomatoes Omelettes Baked Beans Mushrooms Hash Browns English Muffins
	A selection of gently warmed croissants and a mixture of freshly baked bread rolls are on offer every day as well as wholemeal, white and multigrain bread. To accompany these we offer a wide range of preserves, honey, chocolate spread, peanut butter, marmite, butter and flora. A range of Fruit Flavoured Low Fat yoghurts and an assortment of cereal bars are also an option.						
Fresh Fruit	Fresh Fruit is freely available with Bananas, Apples and Oranges as standard and there is a selection of Seasonal fruit eg. Plums, peaches, satsumas and cherries.						
Beverages	We provide a range of Hot Drinks which include Tea, Coffee, Decaff Coffee, Cappuccino, Hot Chocolate and a vast selection of Speciality Teas Orange Apple and Cranberry Juice are available at Breakfast Ice Cold Filtered Water and a selection of low sugar squashes are readily available We only provide Semi Skimmed Milk but Soya Milk is available on request.						

Cheltenham College
Lunch Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot Main Meal Option 1	Spanish Seafood Paella	Traditional Shepherds Pie with Gravy	Homemade Beef Lasagne with Garlic & Parsley Slices	Levi Roots' Reggae Reggae Marinated Chicken Fillets	Oven Baked Battered Haddock or Deep Fried Breaded Plaice with Lemon	Chicken in Black Bean Sauce Served With Basmati & Wild Rice	Brunch 12.00 -1.30 Sausages Grilled Bacon Tomatoes
Hot Main Meal Option 2	BBQ Chicken Served With Rice	Skewered Chicken Kebabs Served with Yellow Rice & Spicy Sauce	Creamy Pork Stroganoff Served with Basmati & Wild Rice	Chilli Con Carne Served with Long Grain Rice	Roast Chicken Quarters with Roast Chicken Gravy	Battered Cod Fillet Bites & Tartare Sauce	Omelettes Baked Beans Mushrooms Hash Browns
Fish		Salmon, Sweet Potato & Coriander Fishcakes			Fresh Poached Salmon Steaks		Sausage Rolls
Vegetarian Option	Falafel Burgers in a Floured Bap with Salad & Dressing	Homemade Broccoli & Stilton Quiche	Mixed Bean Chilli with Fresh Coriander & Yellow Rice	Fusilli Pasta Mornay	Roasted Garlic & Wild Mushroom Lasagne	Individual Cheese, Onion & Potato Pie	Fresh Fruit includes Strawberries Grapes Melon
Vegetables & Potatoes			Seasonal Vegetables & Potatoes Served at Every Lunch Service				Yoghurts

We Cater for any Special Dietary Requirements as Necessary and Liaise with Those Pupils on a one to one basis.

Cheltenham College
Lunch Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot Dessert	Pineapple Upside down & Custard	Cherry & Coconut Shortcake & Custard	Blackcurrant Jam Sponge & Custard	Assorted Cornetto Cones	Chocolate Sponge & Chocolate Sauce	Rhubarb & Ginger Crumble & Custard	
Cold Desserts	Strawberry Cheesecake	Chocolate Brownie	Millionaires Shortbread	Chocolate Tarte	Carrot Cake	Melted Moment Biscuits	
	Chocolate Choux Buns	Lemon Meringue Pie	Fruit Trifle	Eton Mess	Rockie Road Slices	Chocolate Fudge Cake	
Fresh Fruit, Cheese & Biscuits and Fruit Yoghurts are Available Every Day							
Specials Bar	Jacket Potato Bar Sausage & Beans Chicken Curry Vegetable Curry	Cheese Bar A Selection of Cheeses Served Crusty Bread & Crackers	Bangers & Mash Cumberland Lincolnshire Pork & Leek Vegetarian	Chicken Bar Drumsticks Goujons & Hot Spicy Wings	Soup Bar Broccoli & Stilton Leek & Potato Tomato & Basil	Full Salad Bar & Jacket Potatoes	
Salad Bar	<p>Every Day We Offer a Wide Variety of Salads Lettuce, Tomatoes, Cucumber, Beetroot, Sweetcorn, Potato Salad, Coleslaw, Sliced Peppers Pasta Salad, Tuna and Grated Mature Cheddar are Standard Along with a Selection of Dressings & Viniagrettes</p> <p>There are Several Salad Dishes of the Day Which Bring Variety to the Salad bar</p>						

Cheltenham College
Tea Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot Main Meal Option 1	Spaghetti Bolognese with Parmesan Cheese	Chinese Beef Chow Mein	Grilled Gammon with Parsley Sauce	Half a Rack of Spare Ribs served with a BBQ Sauce & Onion Rings	Assorted Filled Paninis Pepperoni & Mozzarella Ham, Tomato & Mozzarella	Carvery Roast Pork with Apple Sauce & Gravy Carved in the Dining Hall	Chefs' Sunday Specials
Hot Main Meal Option 2	Individual Tuna & Sweetcorn Bake	Battered Cod Goujons with Tartare Sauce		Creamy Pesto Chicken Served with Basmati & Wild Rice			
Vegetarian Option	Pasta Quills in a Creamy Mushroom Sauce	Individual Vegetable Cottage Pie	Vegetarian Toad in the Hole	Wild Mushroom Risotto with Parmesan Shavings	Three Cheese & Onion Paninis	Homemade Nut Roast with a Tomato Sauce	Quorn & Garlic Mushroom Bake
Vegetables & Potatoes	Seasonal Vegetables & Potatoes are Served at Every Tea Service						

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Tea Menu

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Hot Dessert

Fruit Crumble & Custard	Traditional Treacle Sponge & Custard	Flapjack & Custard	Blackberry & Apple Pie & Custard	Shortbread & Custard			
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Cold Desserts

Viennese Whirls	Muller Yoghurts	Swiss Roll	Banana Loaf Cake	Chocolate Cookies	Assorted Cupcakes	Apricot Cheesecake	
Flapjack	Chocolate Eclairs	Cherry Shortbread	Muller Yoghurts	Fruit Bags	Belgian Buns	Assorted Ice Creams	

Fresh Fruit, Fruit Jellies and a Variety of Mousses are Available Every Day

Specials Bar

A Pasta Bar is Available 6 Nights a Week
Comprising of Various Types of Pasta
with a Choice of Two Fresh Sauces

Salad Bar

Every Day We Offer a Wide Variety of Salads
Lettuce, Tomatoes, Cucumber, Beetroot, Sweetcorn, Potato Salad, Coleslaw, Sliced Peppers
Pasta Salad, Tuna and Grated Mature Cheddar are Standard
Along with a Selection of Dressings & Viniagrettes

We cater for any special dietary requirements as necessary
and liaise with those pupils on a one to one basis

Cheltenham College
Breakfast Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cereal Bar	Every morning there is a large selection of cereals on offer to cater for every taste, the choices include:- Cheerios, Frosted Wheat, Bran Flakes, Muesli, Coco Pops, Cornflakes, Frosties, Rice Crispies, Special K, Special K with Berries, Shreddies, Weetabix, Krave, Sugar Puffs, Crunchy Nut CornFlakes, Fruit n Fibre.						
Hot Cereal	Porridge made from Semi Skimmed Milk is available every day served with a range of dried fruit and brown sugar.						
From The Servery	Sausages Grilled Bacon Poached Eggs Spaghetti Hoops Mini Rosti Potato	Sausages Scrambled Eggs Baked Beans	Continental Pain au Choc Croissants Muffins Ham Sliced Cheese Salami Fresh Fruit Salad Assorted Melon Slices Grapefruit Halves	Grilled Bacon Baked Beans Mushrooms	Sausages Potato Waffles Spaghetti in Tomato Sauce	Grilled Bacon Fried Egg Baked Beans	Brunch 10.00 - 11.30 Sausages Grilled Bacon Tomatoes Omelettes Baked Beans Mushrooms Hash Browns Tea Cakes
	A selection of gently warmed croissants and a mixture of freshly baked bread rolls are on offer every day as well as wholemeal, white and multigrain bread. To accompany these we offer a wide range of preserves, honey, chocolate spread, peanut butter, marmite, butter and flora. A range of Fruit Flavoured Low Fat yoghurts and an assortment of cereal bars are also an option.						
Fresh Fruit	Fresh Fruit is freely available with Bananas, Apples and Oranges as standard and there is a selection of Seasonal fruit eg. Plums, peaches, satsumas and cherries.						
Beverages	We provide a range of Hot Drinks which include Tea, Coffee, Decaff Coffee, Cappuccino, Hot Chocolate and a vast selection of Speciality Teas Orange Apple and Cranberry Juice are available at Breakfast Ice Cold Filtered Water and a selection of low sugar squashes are readily available We only provide Semi Skimmed Milk but Soya Milk is available on request.						

Cheltenham College
Lunch Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot Main Meal Option 1	Chicken Madras with Basmati Rice & Mini Poppadoms	Chicken Chasseur	Breaded Whole Tail Scampi with Tartare Sauce	Braised Lamb Shanks in a Red Wine Gravy	Oven Baked Battered Cod or Deep Fried Breaded Plaice with Lemon	Beef Meatballs in a Tomato Sauce Served with Penne Pasta	Brunch 12.00 -1.30 Sausages Grilled Bacon Tomatoes
Hot Main Meal Option 2	Grilled Lamb Fillets Served with a Mint Gravy	Roast Duck with a Plum Sauce	Madeira Chicken & Wild Mushrooms with Wild Rice	Teriyaki Chicken with Basmati & Wild Rice	Grilled Gammon Steaks with an Onion Gravy	Creamy Chicken & Broccoli Bake	Omelettes Baked Beans Mushrooms Hash Browns
Fish		Cod Loin Wrapped in Smoked Salmon			Grilled Fresh Plaice Fillets with Lemon & Herb Butter		Chicken & Mushroom Slices
Vegetarian Option	Mushroom & Walnut Hotpot Pies	Individual Vegetable Moussaka	Sweet Potato Baby Spinach Chick Pea Casserole	Cauliflower & Cherry Tomato Cheese	Butternut Squash Leek & Potato Bake	Quorn Meatballs in a Tomato Sauce Served with Penne Pasta	Fresh Fruit includes Strawberries Grapes Melon
Vegetables & Potatoes			Seasonal Vegetables & Potatoes Served at Every Lunch Sitting				Yoghurts

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Hot Dessert	Rice Pudding & Jam Sauce	Steamed Treacle Roly Poly & Custard	Blackberry & Apple Pie & Custard	Bread & Butter Pudding & Custard	Plum Crumble with Custard	Lemon Meringue Pie	
Cold Desserts	Banoffee Pie	Cherry Shortbread	Key Lime Pie	Lemon Drizzle Cake	Victoria Slice	Assorted Cookies	
	Fruit Filled Meringues	Chocolate Slice	Various Cup Cakes	Apple Pie & Cream	Glazed Fruit Flan	Raspberry Cheesecake	
Fresh Fruit, Cheese & Biscuits and Fruit Yoghurts are Available Every Day							
Specials Bar	Pasta Bar Various Pasta Served with a Choice of 2 Freshly Made Sauces	Jacket Potato Bar Sausage & Bean Tuna Mayonnaise Beef Curry	Quiche Bar Lorraine Tomato & Basil Mushroom	Noodle Bar Pork Salsa Beef Teriyaki Oriental Vegetables in Hoi Sin Sauce	Ploughmans Bar Cheddar, Stilton Double Gloucester Pickle, Chutney Pickled Onions Crusty Bread	Full Salad Bar & Jacket Potatoes	
Salad Bar	<p>Every Day We Offer a Wide Variety of Salads Lettuce, Tomatoes, Cucumber, Beetroot, Sweetcorn, Potato Salad, Coleslaw, Sliced Peppers Pasta Salad, Tuna and Grated Mature Cheddar are Standard Along with a Selection of Dressings & Viniagrettes</p> <p>There are Several Salad Dishes of the Day Which Bring Variety to the Salad bar</p>						

Cheltenham College
Tea Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot Main Meal Option 1	Breaded Chicken Kiev with a Creamy Garlic Sauce	Traditional Lancashire Hot Pot	Roast Beef with Yorkshire Pudding Horseradish Sauce & Gravy	Homemade Beef Lasagne with Garlic & Parsley Slices	Battered Chicken Fillet with Egg Fried Rice & BBQ Sauce	Carvery Roast Lamb with Mint Sauce & Gravy Carved in the Dining Hall	Chefs' Sunday Specials
Hot Main Meal Option 2	Beef Stroganoff with Basmati & Wild Rice	Chinese Chicken with Green Peppers & Served with Long Grain Rice		Smoked Haddock & Spring Onion Fishcakes	Traditional Beef Casserole with Herb Dumplings		
Vegetarian Option	Vegetable Dhansak with Basmati Rice	Sundried Tomato & Red Onion Risotto	Individual Three Cheese Macaroni	Chunky Vegetable Filled Crepes	Breaded Vegetable Nuggets with Chilli Sauce	Roasted Vegetable Cous Cous with Chick Peas & Tomato Sauce	Falafel with a Yoghurt & Mint Dip
Vegetables & Potatoes	Seasonal Vegetables & Potatoes are Served at Every Tea Service						

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Hot Dessert	Chocolate Crunch & Raspberry Sauce	Banana Custard	Peach Slice with Custard	Jam Tart with Pouring Cream	Pear & Chocolate Sponge with Chocolate Sauce		
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Cold Desserts	Coconut Slice	Muller Yoghurts	Fruit Bags	Banana Loaf Cake	Strawberry Cheesecake	Mini Chocolate Eclairs	
	Fruit Cake	Chocolate & Nut Traybake	Fruit Meringue Nests	Muller Yoghurts	Choux Rings	Raspberry & White Chocolate Cookies	Assorted Doughnutss

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